

2019 PSAC CHAMPIONSHIP RESULTS

MEN'S RESULTS

PSAC Indoor Championships

Feb. 23, 2019
Edinboro, Pa.

60m

7. Pat Monahan - 6.97
8. Brendan Shaffer - 7.01

200m

3. Jalen Bailey - 22.04

400m

7. Andrew Schumacher - 50.04

800m

3. Khai Samuels - 1:57.71

Mile

5. Ben Reisenweaver - 4:26.45

60m Hurdles

3. Jalen Bailey - 8.20
4. Akeim Thomas - 8.36

4x400 Relay

3. Bari, Schumacher, Crosbie, Roberts - 3:19.06

High Jump

4. Darnell Randall - 6-04 1/4

Pole Vault

3. Dan Amari - 14-06 3/4

Long Jump

2. Justin Miller - 22-07 3/4
5. Jamal Cooley - 22-0 1/4
7. Garth Estdadt - 21-04 1/4

Triple Jump

2. Justin Miller - 47-3
5. Jamal Cooley - 46-02 3/4

Shot Put

3. Dominic Walton - 53-06 1/2

Pentathlon

3. Garth Estdadt - 3,255

Team Scores

1. Shippensburg - 134
2. **ESU - 98**
3. Kutztown - 80
3. Slippery Rock - 80
5. Seton Hill - 79
6. Cal U - 57
7. IUP - 52
8. West Chester - 47
9. Pitt.-Johnstown - 37
10. Bloomsburg - 21
11. Mansfield - 17

PSAC Outdoor Championships

May 9-11, 2019
Mansfield, Pa.

400m

7. Mamadu Bari - 49.61

10,000m

8. Casey Ellis - 32:33.64

110m Hurdles

7. Mike Matrisciano - 15.07
8. Akeim Thomas - 15.24

400m Hurdles

6. Andrew Schumacher - 54.03

4x100m Relay

1. Monahan, Thomas, Shaffer, Bailey - 41.69

4x400m Relay

3. Barton, Bari, Schumacher, Thomas - 3:18.82

4x800m Relay

3. Crosbie, Lopez, Reisenweaver, Samuels - 7:44:53

High Jump

3. Carlos Pepin - 6-6 1/4

Pole Vault

2. Dan Amari - 15-0

Long Jump

1. Justin Miller - 23-2 3/4
6. Darnell Randall - 22-8

Triple Jump

4. Justin Miller - 46-3 1/2

Shot Put

3. Dominic Walton - 52-7 1/2
7. Noah Lockwood - 48-9

Discus

4. Dominic Walton - 163-6

Hammer

5. Jonathan Hummel - 163-8
8. Dominic Walton - 157-8

Decathlon

4. Garth Estdadt - 5,832

Team Scores

1. Shippensburg - 145.5
2. Slippery Rock - 114
3. **ESU - 86**
4. Kutztown - 85.5
5. Lock Haven - 64
6. IUP - 61
7. Cal U - 57
8. Seton Hill - 52
9. Edinboro - 49
- West Chester - 49
11. Pitt.-Johnstown - 42
12. Mansfield - 37
13. Bloomsburg - 15

WOMEN'S RESULTS

PSAC Indoor Championships

Feb. 23, 2019
Edinboro, Pa.

60m

2. Marissa Flim - 7.73
7. Tiana Webster - 7.82

400m

3. Sarah Klag - 58.74

800m

8. Brittany Carratura - 2:24.90

60m Hurdles

1. Aspen Gaita - 8.72

4x400m Relay

5. Klag, Stitzer, Krayee, Dey - 4:05.95

DMR

7. Stangle, Carratura, Krayee, Eder - 13:00.45

High Jump

2. Carly Gregas - 5-5 1/4
4. Victoria Matthews - 5-4 1/4

Triple Jump

7. Tatiana Williams - 36-6 1/4

Shot Put

7. Barbara Grossov - 38-9 3/4

Weight Throw

4. Me'Saj Closs - 52-0
7. Sam Giangrasso - 50-2 3/4

Pentathlon

2. Aspen Gaita - 3,385
4. Victoria Matthews - 3,096

Team Scores

1. Kutztown - 100.50
2. Slippery Rock - 89.33
3. Shippensburg - 85.5
4. **ESU - 70**
5. Millersville - 60
6. Seton Hill - 58
7. Lock Haven - 56
8. West Chester - 48.50
9. Edinboro - 36
10. Bloomsburg - 31
11. Cal U - 23.33
12. Pitt.-Johnstown - 18.50
13. IUP - 16.33
14. Clarion - 9

PSAC Outdoor Championships

May 9-11, 2019
Mansfield, Pa.

100m

3. Tiana Webster - 12.27

200m

7. Tiana Webster - 25.90

400m

3. Sarah Klag - 58.31

1500m

6. Samantha Young - 4:47.95

10,000m

6. Jenna Vledder - 38:54.51

100m Hurdles

1. Aspen Gaita - 14.38
3. Jeanette Jones - 14.89
7. Briana Hall - 15.35

400m Hurdles

3. Allyson Stitzer - 1:03.99
4. Jeanette Jones - 1:04.84

6. Aspen Gaita - 1:07.55

4x100m Relay

3. Flim, Webster, Dey, Gaita - 41.69

4x800m Relay

7. Eder, Young, Carratura, Davalos - 9:41:55

High Jump

3. Carly Gregas - 5-5 1/4
6. Victoria Matthews - 5-3

8. Tatiana Williams - 5-3

Triple Jump

4. Tatiana Williams - 37-1 3/4

Hammer

4. Me'Saj Closs - 167-8
8. Barbara Grossov - 148-7

Javelin

8. Gabrielle D'Amore - 127-3

Heptathlon

4. Victoria Matthews - 4,153

Team Scores

1. Slippery Rock - 121
2. Millersville - 109
3. Shippensburg - 104
4. **ESU - 87**
5. Kutztown - 70
- Seton Hill - 70
7. West Chester - 63
8. Lock Haven - 49
9. Bloomsburg - 48
10. Cal U - 39
11. IUP - 33
12. Edinboro - 30
13. Pitt.-Johnstown - 20
14. Clarion - 9
15. Mansfield - 5

2019 TOP RESULTS

Men's Top Results

NCAA Championships

OUTDOOR SEASON

Running Events

100	Brendan Shaffer	10.93
200	Akeim Thomas	21.97
400	Andrew Schumacher	49.50
800	Khai Samuels	1:54.07
1,500	Khai Samuels	3:59.55
3,000	Casey Ellis	9:15.38
5,000	Casey Ellis	15:41.33
10,000	Casey Ellis	32:33.64
110 H	Mike Matricciano	14.70
400 H	Andrew Schumacher	54.03
3000 ST	Teddy Mostellar	10:09.54

Field Events

HJ	Carlos Pepin	6-6 1/4
PV	Dan Amari	15-5 1/2
LJ	Justin Miller	23-2 3/4
TJ	Jamal Cooley	47-1
Shot	Dominic Walton	55-4 3/4
Discus	Dominic Walton	163-6
Hammer	Jonathan Hummel	165-6
Javelin	Jonathan Hummel	171-0
Decath.	Garth Estadt	5,832

Relays

4x100		41.69
	Monahan, Thomas, Shaffer, Bailey	
4x200		1:30.33
	Monahan, Barton, Bari, Lawrence	
4x400		3:17.03
	Bari, Samuels, Thomas, Bailey	
4x800		7:44.53
	Crosbie, Lopez, Reisenweaver, Samuels	

INDOOR SEASON

Running Events

55	Akeim Thomas	6.53
60	Pat Monahan	6.97
200	Jalen Bailey	22.04
400	Andrew Schumacher	50.04
500	Sean Roberts	1:07.92
600	Khai Samuels	1:22.48
800	Khai Samuels	1:54.19
1,000	Khai Samuels	2:38.84
Mile	Ben Reisenweaver	4:26.45
3,000	Jordan Cruise	8:58.79
5,000	Jeremy Rapposelli	15:46.93
55 H	Jalen Bailey	7.72
60 H	Jalen Bailey	8.20

Field Events

HJ	Darnell Randall	6-4 1/4
PV	Dan Amari	15-0
LJ	Darnell Randall	24-0 1/4
TJ	Justin Miller	47-3
Shot	Dominic Walton	54-4
Weight	Dominic Walton	51-7
Pent.	Garth Estadt	3,255
Hept.	Garth Estadt	4,294

Relays

4x200		1:31.19
	Bailey, Bari, Barton, Shaffer	
4x400		3:19.06
	Bari, Crosbie, Schumacher, Roberts	
4x800		7:52.62
	Cruise, Crosbie, Reisenweaver, Samuels	
Distance Medley Relay		10:49.92
	Buccino, Bari, Roberts, Race	

Women's Top Results

OUTDOOR SEASON

Running Events

100	Tiana Webster	11.80
200	Tiana Webster	25.52
400	Sarah Klag	57.38
800	Samantha Young	2:20.84
1,500	Samantha Young	4:43.02
3,000	Amanda Fine	11:30.63
5,000	Rachael Davalos	18:54.59
10,000	Jenna Vledder	38:49.75
100 H	Aspen Gaita	14.29
400 H	Allyson Stitzer	1:03.99
3000 ST	Kylie Stangle	12:18.18

Field Events

HJ	Victoria Matthews	5-6
PV	Juliana Schraer	10-10
LJ	Victoria Matthews	16-11 1/2
TJ	Tatiana Williams	37-1 3/4
Shot	Me'Saj Closs	42-4 1/4
Discus	Me'Saj Closs	129-2
Hammer	Me'Saj Closs	167-8
Javelin	Gabrielle D'Amore	128-10
Hept.	Victoria Matthews	4,153

Relays

4x100		47.56
	Flim, Webster, Dey, Gaita	
4x200		1:43.15
	Flim, Webster, Allen, Gaita	
4x400		4:01.50
	Klag, Webster, Stitzer, Matthews	
4x800		9:41.55
	Eder, Young, Carratura, Davalos	

BOLD indicates school record

INDOOR SEASON

Running Events

55	Marissa Flim	7.20
60	Marissa Flim	7.73
200	Taylor Allen	26.02
400	Sarah Klag	58.74
500	Sarah Klag	1:20.29
600	Sarah Klag	1:39.64
800	Brittany Carratura	2:23.29
1,000	Emily Eder	3:22.45
Mile	Emily Eder	5:27.34
3,000	Jenna Vledder	10:43.62
5,000	Jenna Vledder	18:43.46
55 H	Aspen Gaita	8.21
60 H	Aspen Gaita	8.72

Field Events

HJ	Carly Gregas	5-5 1/4
PV	Juliana Schraer	10-6
LJ	Aspen Gaita	18-3 1/4
TJ	Tatiana Williams	36-6 1/4
Shot	Me'Saj Closs	42-7 1/2
Weight	Me'Saj Closs	52-0
Pent.	Aspen Gaita	3567

Relays

4x200		1:46.97
	Flim, Webster, Dey, Klag	
4x400		4:03.97
	Klag, Krayee, Stitzer, Matthews	
4x800		10:25.10
	Eder, Stangle, Raczka, Davalos	
Distance Medley Relay		13:00.45
	Stangle, Krayee, Carratura, Eder	